

# Hello!

We are happy that you are about to use our interactive poster.  
Here a few remarks before you get started:

## What is the context?

This poster is an outcome of the conference "Debate not Argue: How to Make It Happen?", that Goethe-Institut and Novinářský inkubátor organized together in November 2023 in Dresden. During the conference, we explored media education from different points of view, and we talked about understanding others as well as ourselves as a precondition for a better communication in our society.

Based on the input from experts as well as participants, we created this poster, which can help anybody to reflect on the topics our conference covered.

## Who is it made for?

The poster is for anyone! If you feel like reflecting on your body and mind, then it is the right thing for you.

## How to use it?

All you need to prepare is to print the poster out in A2 or A3 format.  
You can then use it in any way you want. You can have a quiet reflection moment just by yourself or talk about the questions together in a group of friends. If you are an educator, feel free to incorporate the poster into your activities with young people or adults.

## What exactly should you do with it?

Write, draw, perceive, enjoy. The poster is made to help you express your thoughts – do whatever you want with it.

The poster was created within an Erasmus+ project Debate not Argue. Check out more similar materials at [debatenotargue.eu](http://debatenotargue.eu)!